



April 30, 2023



Mail Call ~ American Legion Post 116

Web: LouisaAmericanLegion.org
Email: Legion_Post116@Outlook.com
Mail: P.O. Box 859; Mineral, Virginia 23117

April Meeting Recap

Meeting called 1900 hrs. Opening Prayer by Chaplain.
Roll Call Officers present: Commander, 1st Vice, Chaplain, Adjutant, Sgt at Arms.
Minutes from Mar2023 read and approved. Finance report read by Commander and approved.

Social Media Report: presented by 1st Vice Steve Burrill.

Web address is: LouisaAmericanLegion.org

Feb 77 visits 93% new users; Mar 45 visits 84% new users

Commanders Report:

Membership report: 100% with 125 members.

Chairman of the Boys State Program is needed. This year was difficult with schedules shifting to the right and going forward we will start coordinating with the High School in the Fall. Boy and Girls State costs will be \$400 and \$500 respectively. Youth Law Cadet will cost \$200.

We should support our local BSA Troop any way we can. Looking for information on how to do that.

Need 8 people, minimum to support our Poppy Day Fundraising..

Upcoming events:

Apr 20 Louisa Heritage Days. Will have a booth. (Picture on right—>)

May 29 Memorial Ceremony. 11:00 at Courthouse. Picnic at Walton Park.

Jun 10 District meet at Post 215 Goochland.

Jul 27-29 Louisa AG Fair. Will have booth setup. Looking for volunteers.

Ending Prayer by Chaplain. Meeting Ended at 19:45 hrs.

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Special points of interest

- Post sponsors Louisa County Youth for Boys/Girls State and Youth Cadet Law Enforcement



**MAY: POPPY DAY IS OUR MAJOR FUNDRAISING EVENT
TARGET GOAL IS \$2,500.**





Legionnaire Herb Bauer assigned to Post Everlasting

Herb, 88, died peacefully on April 25, 2023 at his home in Blue Ridge Shores, Louisa. He was born July

8, 1934 in Brooklyn, NY to German immigrants, Paul and Louise Bauer, and is survived by his wife of over 50 years, Donya Bauer. Herb graduated from the U.S. Naval Academy in 1957 and obtained a Masters Degree in International Affairs from George Washington University in 1967. He retired from the Navy with the rank of Captain in 1983 having commanded submarines (USS Sirago), battleships and aircraft carriers. He was a member of Post 116 and resided in Blue Ridge Shores. In lieu of flowers, please consider a gift to Hospice of the Piedmont, 675 Peter Jefferson Parkway, Suite 300, Charlottesville, VA 22911 www.hopva.org.

A celebration of Herb's life will be held at the Blue Ridge Shores Community Center (924 South Lakeshore Drive, Louisa, VA 23093) on Saturday, May 13, 2023 from 3-5 pm.



Commander's Call



Hi everyone, it's been a busy month. April we interviewed seven (7) Louisa County High School students for our programs. Now these students really were highly qualified and exceeded our expectations. Our three-member Legion Team selected two (2) Boys for Boys State, one (1) Girl for Girls State, and two (2) Boys for Youth Law Cadet Program.

April 23rd I was at the Louisa Harvest Festival and we received \$90.00 in donations.

We are gearing up for Memorial Day. We have been fortunate and now have six (6) locations to set up to distribute poppies on May 27. This is our major fundraising event, and help is still needed. Currently we have secured permissions for Food Lion, True Value, Tractor Supply, Dickerson's General Store, and Elk Creek Country Store. We also are awaiting It's only from 9am to 1pm Saturday; so if you can help come to the next meeting or reach out to myself or Steve Burrill.

Memorial Day Ceremony will be at Louisa Courthouse on May 29, 2023 at 11 am. The VFW is lead on this and more details will be sent out shortly.

Remember the Friday Night meals at the VFW from 4pm to 7pm. Thanks to all we are at 126 paid members and we made our 100% goal.

Thank you and stay well with this crazy weather.

Charlie Alvarez, Commander

**MEMORIAL DAY CEREMONY.
MAY 29, 1100 HRS @ COURTHOUSE.
PICNIC AT WALTON PARK.**

Warbirds!

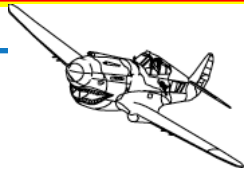
Provided to us from George Navas:

Warbirds Take Flight in Hanover (News story):

<https://www.nbc12.com/2023/04/29/warbirds-take-flight-hanover/?outputType=amp>

Warbirds 2023 Flight Schedule:

<https://www.capitalwingwarbirdrides.org/warbirdridesschedule>



GUITARS 4 VETS

Curt Bean – Local Chapter Lead for Guitars 4 Vets will be attending our June Meeting.

What is G4Vets? Playing a guitar can help veterans safely connect with their surroundings and other people.

Per their website: 800,000 U.S. veterans struggle with physical injuries, PTSD and other emotional distress. We believe guitars can help the healing process. Music helps decrease anxiety, increase self-esteem, and reduce episodes of panic attacks, nightmares and flashbacks. A research study of Guitars 4 Vets students showed a 21% improvement in PTSD symptoms and a 27% decrease in related depression symptoms. The study attributed learning and playing guitar as the primary catalysts for these improvements—and we want to ensure as many vets as possible have that opportunity.



So, mark your calendars and if you have a guitar is good working order consider donating it, we have already collected two!



For more information:

<https://guitars4vets.org/>

May is Military Appreciation Month!

Bush Gardens Vet Offer

Many of you might have heard but Bush Gardens offers a real nice deal for U.S. Military Veterans, Retirees and Inactive Ready Reservists are all eligible to receive exclusive deals on admission. "We would like to thank our United States Veterans, Retirees and Inactive Ready Reservists who have served and fought to protect our country. You have made the ultimate commitment and have demonstrated courage through your service, dedication and sacrifice. To show our appreciation, we want to give you quality time with those you love."

For more information check it out here:

<https://buschgardens.com/williamsburg/tickets/military/veterans/>

Post 116 Notes:

Here are some additional discounts:

<https://www.legion.org/benefits>

Military Appreciation Month (May) Discounts:
(login required to MyLegion.org)

<https://www.legion.org/honor/258933/military-appreciation-month-deals-and-discounts>



Invite for Participation in a Parade 30 June.

The Central Virginian Honor Guard will be supporting the Opening Ceremonies at Blue Ridge Shore 4th of July Community Celebration.

Legion Members & Families who wish to participate with decorating a float and participating in the parade please contact Steve Burrill.

Ideally we will need at least four(4) personnel to sit, wave and throw candy to the spectators on 30 June at 1800 hrs.

Interested? Please contact Steve (steven@burrill.us and use Subject "Legion Parade at BRS")

THE AMERICAN LEGION FAMILY
NATIONAL POPPY DAY[®]

MAY 26

Honor the fallen and support the living. National Poppy Day[®]
Get involved.

LEGION.ORG/POPPYDAY

A poster for National Poppy Day. It features a red poppy flower at the top center. Below it, the text reads "THE AMERICAN LEGION FAMILY NATIONAL POPPY DAY". In the center, there is a yellow box with "MAY 26" in red. Below that, it says "Honor the fallen and support the living. National Poppy Day. Get involved." At the bottom, it provides the website "LEGION.ORG/POPPYDAY". The background is dark with a close-up of hands holding a red poppy.